Cuban Mojito

Bacardi Rum website



1/2 jigger sugar, or to taste

1 jigger rum

3 jiggers soda water

12 sprigs mint leaves

1/2 whole lime, squeezed

Ice

Carolyn T's Blog - Tasting Spoons:
http://tastingspoons.com

Servings: 1

In a tall glass pour in the sugar and part of the mint leaves. Using a muddler (pictured at right) or some kind of flat implement, mash the mint and sugar together a little bit, then add the rum, soda water, ice, a small wedge of lime and garnish with additional mint. Serve to smiles.

Per Serving (excluding unknown items): 230 Calories; trace Fat (0.4% calories from fat); 1g Protein; 35g Carbohydrate; 1g Dietary Fiber; 0mg Cholesterol; 10mg Sodium. Exchanges: 0 Vegetable; 1 Fruit; 1 1/2 Other Carbohydrates.