## Ricotta Cheese Corn Pudding

Tarla Fallgatter, cooking class, 2017



4 tablespoons unsalted butter

2 1/2 cups corn kernels (3-4 ears)

1/2 cup onion, chopped

3 large eggs

1/2 cup milk

1/2 cup half and half

1/4 cup cornmeal

1/2 cup ricotta cheese, full fat

2 tablespoons basil leaves, thinly sliced

1 1/2 teaspoons sugar

1 1/2 teaspoons kosher salt

1/4 teaspoon freshly ground black pepper

1/3 cup Fontina cheese, grated (or use sharp cheddar)

2 tablespoons Parmigiano-Reggiano cheese, grated (for top)

Per Serving (excluding unknown items): 288 Calories; 18g Fat (54.7% calories from fat); 11g Protein; 23g Carbohydrate; 2g Dietary Fiber; 154mg Cholesterol; 595mg Sodium. Exchanges: 1 Grain(Starch); 1 Lean Meat; 0 Vegetable; 0 Non-Fat Milk; 3 Fat; 0 Other Carbohydrates.

Carolyn T's Blog: tastingspoons.com

## Servings: 6

1. Preheat oven to 375°F.

2. Grease a 4-5 cup baking dish. Melt butter in a saute pan and saute the corn and onion until soft. Cool slightly. Whisk eggs, milk and half and half together in a medium-sized bowl. Slowly pour in cornmeal and ricotta. Add basil, sugar, salt, pepper, then the cooked corn mixture and grated cheese. Pour into baking dish and sprinkle top with Parmigiano-Reggiano cheese.
3. Place dish in a large pan and fill pan halfway up the sides of the dish with hot tap water. Bake 40-45 minutes, until top begins to brown and a knife inserted in the center comes out clean. Serve warm.