Fruit Salad with Grand Marnier

Adapted from Food Network



6 cups fresh fruit (watermelon, cantaloupe, green grapes, blueberries, strawberries, and bananas) 1/2 cup sugar

1/2 cup sugar

5/8 cup fresh lemon juice

1/2 cup Grand Marnier

Mint leaves, for garnish

Per Serving (excluding unknown items): 35 Calories; trace Fat (0.7% calories from fat); trace Protein; 9g Carbohydrate; trace Dietary Fiber; 0mg Cholesterol; trace Sodium; 9g Total Sugars; 0mcg Vitamin D; 1mg Calcium; trace Iron; 13mg Potassium; 1mg Phosphorus. Exchanges:

Carolyn T's Blog: tastingspoons.com

Servings: 12

- 1. If desired, hollow out a watermelon half and slice some off the bottom so it will be stable as a "bowl." Cut a zigzag edge if you'd like to be creative.
- 2. In a large container add sugar, lemon juice and Grand Marnier; whisk until blended and sugar is dissolved.
- 3. Dice all the fruits and add to liquid and toss gently. Let stand in the refrigerator for 30 minutes, or up to 2 hours. Pour into watermelon bowl, if using. Garnish with mint.