Balsamic Browned Butter (for vegetables)

From my friend, Susan L. (from Cooking Light, 3/2002)



- 2 tablespoons butter
- 2 teaspoons light soy sauce
- 1 teaspoon balsamic vinegar

Carolyn T's Blog - Tasting Spoons: http://tastingspoons.com

Servings: 4

- 1. Melt butter in very small saucepan and cook for about 3 minutes, until butter is lightly brown (watch closely).
- 2. Stir in soy sauce and balsamic vinegar. Heat through and drizzle over asparagus or other green vegetables.

Per Serving (excluding unknown items): 53 Calories; 6g Fat (96.4% calories from fat); trace Protein; trace Carbohydrate; 0g Dietary Fiber; 16mg Cholesterol; 159mg Sodium. Exchanges: 0 Lean Meat; 0 Vegetable; 0 Fruit; 1 Fat.