Unbelievable Chocolate Cake with Chocolate Cream Cheese Frosting

Marlene Koch, More of What You Love



1/4 cup canola oil

1 large egg

1 teaspoon vanilla extract

1/4 cup packed light brown sugar

1 cup Splenda granular

1 cup buttermilk

1 1/4 cup flour, cake, white, enriched, unsifted

1 teaspoon baking soda

1 teaspoon baking powder

1/4 cup Dutch process cocoa powder

1/4 cup hot water

2 teaspoons powdered sugar (ideally use the Frosting below and omit the powdered sugar)

CHOCOLATE FROSTING:

4 ounces light cream cheese, softened

1 cup Splenda Granular

1/4 cup Dutch process cocoa powder

2 cups Cool Whip Lite®, divided use

Carolyn T's Blog - Tasting Spoons: http://tastingspoons.com

Servings: 9

1. Preheat oven to 350°.

- 2. In a large bowl, whisk together the oil and the egg for 1 minute until the mixture is thick and frothy.
- 3. Add the vanilla, brown sugar, and Splenda, and beat with the whisk for 2 more minutes until the mixture is thick and smooth and the sugars have been thoroughly beaten into the mixture. Add 1 cup buttermilk and mix.
- 4. Using a sifter or a metal sieve, sift the flour, baking powder, baking soda, and cocoa powder into the liquid mixture. Whisk vigorously for 1 to 2 minutes until the batter is nice and smooth.
- 5. Pour the hot water into the batter and whisk one more time until the batter is again nice and smooth. The batter will be thin. Pour the batter into a cooking spray coated 8x8-inch cake pan and tap the pan on the counter to level the surface and to help remove any air bubbles.
- 6. Bake for 18 to 20 minutes or just until the center springs back when touched and a cake tester or toothpick comes out clean. Do not overcook. Remove the cake from the oven and cool.
- 7. If using without frosting, just before serving, sift powdered sugar over cake. FROSTING:
- 1. In a bowl combine the light cream cheese, Splenda and cocoa powder. Mix on low speed with hand mixer until mixture is smooth.
- 2. Add a cup of Cool Whip and use mixer to blend it in until mixture is completely smooth.
- 3. Using a spatula, fold in the other cup of Cool Whip until no streaks are visible. Frost top of chocolate cake out to edges. Chill. In a perfect world I would mix the frosting ahead of time and keep it chilled, then frost the room temp cake just before serving.

Per Serving (excluding unknown items): 238 Calories; 12g Fat (43.5% calories from fat); 6g Protein; 28g Carbohydrate; 2g Dietary Fiber; 32mg Cholesterol; 316mg Sodium. Exchanges: 1 Grain(Starch); 1/2 Lean Meat; 0 Non-Fat Milk; 2 Fat; 1/2 Other Carbohydrates.