Pear Cranberry Crumble (Easy)

Author: Taste of Home test kitchen

Source: From cooking class at The Blackmarket Bakery, Irvine



Servings: 6



1/2 cup apple juice, unsweetened
1/3 cup dried cranberries
1/2 teaspoon vanilla extract
4 whole pears, firm, ripe, peeled, cored
and cut into 12 slices
3 tablespoons sugar
1/3 cup quick-cooking oats
1/4 cup packed brown sugar
3 tablespoons all-purpose flour
3 tablespoons whole wheat flour
1 teaspoon ground cinnamon
1/8 teaspoon ground nutmeg
2 tablespoons cold butter

Blog: Carolyn T's Blog: http://tastingspoons.com

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Per Serving (excluding unknown items): 214 Calories; 5g Fat (18.9% calories from fat); 2g Protein; 44g Carbohydrate; 4g Dietary Fiber; 10mg Cholesterol; 44mg Sodium. Exchanges: 1/2 Grain(Starch); 1 1/2 Fruit; 1 Fat; 1 Other Carbohydrates.

Notes: If you don't have fresh pears, use canned pears and reduce the sugar a little, since the canned pears are usually sweetened already. The crumble will also cook in a shorter time (about 30 minutes), although the canned pears won't brown like fresh ones will.

Description:

- 1. In a small bowl, combine the apple juice, cranberries and vanilla; let stand for 15 minutes. Arrange pear slices in an 11-in. x 7-in. baking dish coated with cooking spray. Sprinkle with sugar. Pour apple juice mixture over pears.
- 2. In a bowl, combine the oats, brown sugar, all-purpose flour, whole wheat flour, cinnamon and nutmeg. Cut in butter until crumbly. Sprinkle over pears. Bake, uncovered at 350° for 40-45 minutes or until pears are tender and turning to golden brown. Serve warm.