Mace Cake

Cynthia Knauer, mother of one of Gourmet Magazine's cross-testers, Ian Knauer Gourmet, April, 2005 Internet Address:



CAKE BATTER:

- 4 large eggs
- 2 cups sugar
- 2 cups all-purpose flour
- 2 teaspoons baking powder
- 1/2 teaspoon salt
- 1 tablespoon mace
- 1 cup whole milk
- 1 stick unsalted butter (1/2 cup)

TOPPING:

1/3 cup sugar

1/2 teaspoon mace

Carolyn T's Blog - Tasting Spoons: http://tastingspoons.com

Servings: 12

Cynthia Knauer of Allentown, Pennsylvania, writes: "I remember this moist, flavorful cake from my childhood. When I bake it for my family now, it doesn't even last a day — we nibble on it every time we pass through the kitchen. Because it's quick to make and requires no icing, it's a great dessert to take on picnics and other outings."

- 1. Put oven rack in middle position and preheat oven to 350°F. Butter and flour a 13- by 9-inch baking pan, knocking out excess flour.
- 2. Beat eggs with 2 cups sugar in a large bowl using an electric mixer at high speed until tripled in volume and thick enough to form a ribbon that takes 2 seconds to dissolve into batter when beater is lifted, 7 to 8 minutes in a stand mixer or 14 to 16 with a handheld.
- 3. Whisk together flour, baking powder, salt, and 1 tablespoon mace.
- 4. Bring milk and butter to a boil in a small heavy saucepan, then remove from heat.
- 5. Add flour mixture to egg mixture, stirring until just combined. Stir in hot milk mixture until combined (batter will be thin).
- 6. Stir together remaining 1/2 cup sugar and remaining 1/2 teaspoon mace in a small bowl.
- 7. Pour batter into baking pan and sprinkle evenly with mace sugar. (Sugar will form a crust as cake bakes.) Bake until pale golden and a wooden pick or skewer inserted in center comes out clean, 25 to 30 minutes.
- 8. Cool cake in pan on a rack until warm, at least 30 minutes. Cut into squares and serve warm or at room temperature. Cake keeps in an airtight container at room temperature 3 days.

Per Serving (excluding unknown items): 334 Calories; 10g Fat (27.6% calories from fat); 5g Protein; 56g Carbohydrate; 1g Dietary Fiber; 94mg Cholesterol; 206mg Sodium. Exchanges: 1 Grain(Starch); 1/2 Lean Meat; 0 Non-Fat Milk; 2 Fat; 2 1/2 Other Carbohydrates.