Apple Sharlotka

From Food & Wine, Matt Danko



4 whole Granny Smith apples, peeled, cored, thinly sliced

1 tablespoon fresh lemon juice

1 cup sugar

3/4 cup all-purpose flour, plus 2 tablespoons

1/4 teaspoon ground cinnamon

1/4 teaspoon grated nutmeg

1 pinch kosher salt

3 large eggs

1/2 teaspoon almond extract
Confectioners' sugar for dusting on top

Yield: 8 -inch tart

Per Serving (excluding unknown items): 200 Calories; 2g Fat (9.2% calories from fat); 4g Protein; 42g Carbohydrate; 2g Dietary Fiber; 80mg Cholesterol; 43mg Sodium. Exchanges: 1/2 Grain(Starch); 1/2 Lean Meat; 1/2 Fruit; 0 Fat; 1 1/2 Other Carbohydrates.

Carolyn T's Blog: tastingspoons.com

Servings: 8

- 1. Preheat the oven to 350° F. Grease the bottom and side of an 8-inch springform pan.
- 2. In a large bowl, toss the apples with the lemon juice and 2 tablespoons of the sugar and let stand for 15 minutes.
- 3. Meanwhile, in a small bowl, whisk the flour with the cinnamon, nutmeg and salt. In a medium bowl, using an electric mixer, beat the eggs with the almond extract and the remaining 3/4 cup plus 2 tablespoons sugar at mediumhigh speed until thick and pale yellow and a ribbon forms when the beaters are lifted, 8 to 10 minutes. Gently fold in the dry ingredients just until incorporated.
- 4. Spread the apples in the prepared pan in an even layer, then pour the batter evenly over them. Let stand for 5 minutes to allow the batter to sink in a little. Or, rap pan on countertop a few times to allow batter to sink through.
- 5. Bake the sharlotka for about 1 hour, until it is golden and crisp on top and a cake tester inserted in the center comes out clean. Transfer to a rack and let rest for 15 minutes. Unmold and transfer to a serving platter. Dust with confectioners' sugar and serve warm.