

Chicken in Red Wine Sauce - David Lebovitz

Makes 6 Servings

Preparation: 20 minutes, Cook Time: 2 days

Succulent chicken in a super-flavorful red wine sauce. Whats unusual is some cocoa powder and red wine vinegar added in at the end. If you have extra sauce leftover, use it to make a soup with additional vegetables, utilizing some of the chicken if there is any.



1 bottle red wine fruity style, Côtes du Rhône if possible 1 white onion peeled, chopped 1 large carrot peeled, diced, or in 1/4" coins Sea salt or kosher salt to taste

1 teaspoon freshly ground black pepper

1/8 teaspoon ground cloves

2 wholes bay leaves

10 sprigs fresh thyme or about 1 teaspoon dried

10 skin on, bone in chicken thighs

2 tablespoons olive oil

1 tablespoons butter unsalted

8 ounces bacon thick cut, diced

1/2 pound fresh mushrooms halved

3 tablespoons all-purpose flour

3/4 pound frozen pearl onions thawed

3/4 cup water or use some of the broth, cooled

1 tablespoon red wine vinegar

1 1/2 tablespoons unsweetened cocoa

2 1/2 tablespoons flat leaf parsley chopped, for

garnish

1. In a large bowl (or a large ziploc plastic bag) mix red wine, white onion, carrots, a teaspoon or so of salt (may add more later), pepper, cloves, bay leaves and thyme. Add the chicken pieces and press down or seal plastic bag well and rotate so all the chicken is bathed in the wine. Marinate under refrigeration for 1-2 days, turning the pieces (or the bag) once or twice during that time.

2. Remove chicken from the marinade, set aside on a large kitchen platter and dry the chicken WELL with paper towels Then, strain the wine marinade through a kitchen sieve over a bowl, saving the wine and the vegetables.

3. Heat 2 tablespoons of olive oil and 1 tablespoon of butter in a large pot or Dutch oven over medium-high heat. Cook the chicken pieces in a single layer until dark brown on one side, about 5 minutes; turn and cook other side about 5 minutes more. If the chicken pieces dont fit in a single layer, cook them in batches. As the chicken pieces are browned, remove them to a clean kitchen platter

4. In the same pot fry the bacon with the mushrooms until the bacon is crisp. If browned bits accumulate on the bottom of the pot, add a splash of the red wine marinade and scrape up the flavorful dark bits into the mixture.

5. Add the drained vegetables into the pot with the herbs and cook until the vegetables are tender, about 10 minutes.

Add the flour to the pan, stirring to incorporate it and no white patches remain. Add the chicken back into the pot along with the strained wine marinade, which should come up almost to the top of the chicken pieces. If not, add water or more red wine. Bring the pot to a simmer, reduce heat, cover and cook for about 1 hour.

6. In a small bowl make a slurry with the cocoa powder and flour, using about 1/3 cup water - or remove some of the liquid from the pot, allow it to cool 10 minutes, then use it to mix the slurry. Add to the chicken mixture and cook as the fluid thickens.

7. Add the defrosted pearl onions to the pot and continue cooking for about 10-12 minutes longer. Test the chicken for tenderness. Taste the sauce for seasonings (add more salt if needed). If you used fresh herbs, remove them along with the bay leaves and discard.

8. Using a big spoon, carefully remove some of the fat (between the olive oil, butter, the skin on the chicken and the bacon, this dish generates a good amount of liquid fat). Serve the chicken, skin side up in a wide bowl, along with



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hot, wide noodles or fluffy mashed potatoes. Spoon some of the vegetables on top and drizzle the pasta or potatoes with some of the sauce. Garnish with chopped parsley.