Jalapeno Cheddar Crackers

Ina Garten recipe, from her book Foolproof

Internet Address: http://www.foodnetwork.com/recipes/ina-garten/jalapeno-cheddar-crackers.html



2 cups all-purpose flour

1 teaspoon kosher salt

1/8 teaspoon baking powder

14 tablespoons cold unsalted butter (1 3/4 sticks) 1/2-inch-diced

5 ounces sharp cheddar cheese, extra-sharp, white, grated

1 tablespoon jalapeno pepper, seeded and minced

1/4 teaspoon chipotle chile powder

3 tablespoons ice water

1 large egg, beaten with 1 tablespoon milk, for egg wash

Fleur de sel or sea salt

Carolyn T's Blog - Tasting Spoons http://tastingspoons.com

Servings: 16

1. Place the flour, kosher salt and baking powder in a food processor fitted with the steel blade and pulse to mix. Add the butter and pulse until the mixture resembles coarse meal. Add the Cheddar, jalapeno and chipotle chili powder and pulse again. With the food processor running, add the ice water all at once. Continue pulsing until the mixture begins to form a ball. Dump the dough onto a floured board and roll it into a 14-inch log. Wrap in plastic, and refrigerate for at least 1 hour. (Or, freeze for later use.)

2. When ready to bake, preheat the oven to 400 degrees F. Line a sheet pan with parchment paper.

3. Cut the dough in 3/8-inch-thick slices. Place the crackers on the prepared sheet pan, brush with the egg wash and sprinkle with the fleur de sel. Bake for 12 to 15 minutes, until golden brown. Serve slightly warm or at room temperature.

Yield: 32 craclers

Per Serving (excluding unknown items): 186 Calories; 13g Fat (64.8% calories from fat); 4g Protein; 12g Carbohydrate; trace Dietary Fiber; 50mg Cholesterol; 182mg Sodium. Exchanges: 1 Grain(Starch); 1/2 Lean Meat; 0 Vegetable; 2 1/2 Fat; 0 Other Carbohydrates.